

THE BHARAT SCOUTS AND GUIDES, PUNJAB,
SECTOR - 14, CHANDIGARH.
E-mail- bsgpunjab2@gmail.com

No. BSGPB/1011 /23

PHONE : 0172- 2542508

DATED : 25.08.2023

All District Education Officer (SE)
of Punjab State

SUB: National Level Adult Trekking Programme on Fit India Initiatives.

Dear Sir/Madam,

You will be glad to know that the National Headquarters, New Delhi vide their circular no.152/2023 dated 24th August, 2023 have invited suitable and eligible Unit Leaders/Sr. Rovers/Sr. Rangers between 18 to 45 years of age in the above mentioned **National Level Adult Trekking Programme on Fit India Initiatives**.

A copy of the National Headquarters circular is enclosed for reference. The participants must follow the instruction give in the enclosed NHQ Circular.

With Scout/Guide Greeting.



By. State Secretary

Copy to: Distt. Secy/DOC/DTC (S/G).

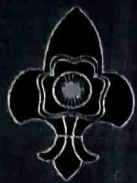
ਸਰ, ਜਿਸ ਪਿਛਰਾ ਮੇਰਾ ਜੀ/ਓ ਨਾਮ
ਮਿਤੀ 25/8/2023

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ਪ੍ਰਸਤਾਵ ਅਤੇ ਭਾਗ ਲੈਣ ਵਾਲੇ ਸਕਾਟ ਗਾਈਡਾਂ ਦੇ ਹੁਕਮ ਤੇ ਵਿਸ਼ੇਸ਼
ਸ਼ਰਤਾਂ ਦੇ ਤਹਿਤ ਕਰਵਾਏ।

2. ਜੋ ਵੱਡੇ ਰਾਸ਼ਟਰੀ ਪੱਧਰ ਦੇ ਵਿਸ਼ੇਸ਼ ਕਾਰਜਾਂ ਲਈ
ਦੀ ਪਹਿਲ ਤੇ ਤਿਆਰ

ਜੀ. ਕਰਮ ਸਿੰਘ
ਨਾਮ



The Bharat Scouts and Guides

Creating Better India

National Headquarters

Address: Lakshmi Mazumdar Bhawan, 16, M. G. Marg, I. P. Estate, New Delhi-110002

Website : www.bsgindia.org Email Id: info@bsgindia.org Phones: +91-11-23378702, 23378667

To
All the State Secretaries,
State Associations of
The Bharat Scouts and Guides,
INDIAN UNION



Circular No.: 152/2023
Date : 24th Aug. 2023

SUB: "NATIONAL LEVEL ADULT LEADER TREKKING PROGRAMME ON FIT INDIA INITIATIVES"

Dear Sir/Madam,

Greetings from the Bharat Scouts and Guides, National Headquarters!

We are glad to inform you that the "National Level Adult Leader Trekking programme on fit India initiative" will be organized by the Bharat Scouts and Guides, National Headquarters New Delhi from **17th to 21st Nov, 2023**. at Trikutta Bhawan, Shri Mata Vaishno Devi Shrine, Board, Near Govt. Hospital, Katra, Jammu & Kashmir. Details of the event are as follows.

Name of the Event	: "National Level Adult Leader Trekking programme on fit India initiative"
Date	: 17 th to 21 st Nov, 2023
Venue	: Trikutta Bhawan, Shri Mata Vaishno Devi Shrine Board, Near CHC Govt. Hospitals, Katra, Jammu
Date of Arrival	: 17 th November, 2023 before Lunch or 16 th after lunch
Date of Departure	: 21 st November, 2023 after Lunch
How to reach	: Trains are available up to Katra (Shri Mata Vaishno devi Katra - SVDK). Trikuta Bhawan, Karta. Shri Mata Vaishno Devi Shrine Board is located at near CHC Govt. Hospital at a distance of 1 km. from Katra Bus Stand and 2 km. from Railway Station, Katra. For further Assistance, please contact: 1. Mr. Mahinder Sharma, Assistant Director, Northern Region Mobile No. 9311965211 and 8570975289 2. State Headquarter, Jammu, No.0191- 2454336 / 9419394459 3. Md. Anayat Khan, Dist. Secretary, Reasi - 9906201086
Who can participate	: Unit Leaders/Sr. Rovers/Sr. Rangers between 18 to 45 years of age and having sound health may be selected. Each candidate has to submit Physical Fitness Certificate from the appropriate authority. Unfit candidate should not be selected.

Quota Allotted	: As the Quota is limited applications will be considered on "First come First serve basis"
Certificate	: National Level participation Certificates will be issued to the participants having valid BSG UID No.
Contribution for Scout/Guide Welfare Fund	: Rs. 2500/- (Two Thousand Five Hundred Only) may please be remitted in the following Bank Account of the Bharat Scouts and Guides, Northern Regional Headquarters: Name of the account Holder: - THE BHARAT SCOUTS AND GUIDES, NORTHERN REGION BANK: - CENTRAL BANK OF INDIA BRANCH: - DDA BUILDING VIKAS MINAR, NEW DELHI ACCOUNT NO. - 3442528720 IFSC CODE: - CBIN0281467 ACCOUNT TYPE - Saving Account
Registration	: Candidates nominated by the State Association should register in the given link https://forms.gle/1KVNvbEwTtpfyj1M6 by remitting Rs. 2500/- on or before 25th October 2023 .
Financial Assistance	: Food subsidy @ Rs. 70/- per head per day for five days i.e. Rs. 350/- & traveling subsidy maximum Rs. 550/- or actual whichever is less on production of original Train/Bus ticket will be reimbursed by the National Headquarters.
What to carry	: 2 Sets of Correct & Complete Uniform as per APRO Part-II / III, Track Suit, Sleeping Bag. Warm bedding, Ruck sack. Comfortable Sport/Trekking Shoe, sleeping mat, Plate and Mug, Spoon, Writing Material, Note Book, First-Aid Kit, Lunch Box, Personal Medicine (if any), Warm Clothing's, toilet requisites, Water-bottle, torch and other necessary material required for the Trekking camp. A photo copy of AADHAR CARD is to be submitted at the time of registration. NB: CARRYING MASK IS MANDATORY BY THE PARTICIPANTS
Risk Certificate	: Each candidate has to submit a Risk Certificate (Enclosed) attested by the District Commissioner. Application with Risk and Medical Certificate is to be handed over during Registration along with the deputation letter of the State. NOTE: Without Medical Fitness Certificate, Risk Certificate, deputation letter of the State, participants will not be admitted in the Camp.

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Last Date	: List of the selected candidates should reach the Bharat Scouts and Guides, Northern Regional Headquarters, Delhi at adnr@bsgindia.org with a copy to State Secretary, BSG, Jammu & Kashmir State at jkbharatscouts@gmail.com on or before 25th Oct., 2023 along with the details of arrival and departure Itinerary of the participating contingent. If your State is not utilizing the allotted quota, please inform us at the earliest so that additional quota may be allotted to other States.
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We personally request you to please select the right and physically fit candidate for the trekking programme.

NOTE: Only post-paid mobile will be assessed in Jammu.

With profound regards,

Yours in Scouting/Guiding,



(Amar B. Chettri)

JT. DIRECTOR OF SCOUTS (PROG. & TRG.)

Encl: Application Form with Medical and Risk Certificate

Copy to:-

1. All the NHQ Office Bearers of the Bharat Scouts and Guides, National Headquarters. Chairman/Secretary, Railway Scout and Guide Board, Rail Bhawan, New Delhi.
2. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shahid Jeet Singh Marg, New Delhi - 110016.
3. The Commissioner, Novadaya Vidyalaya Samiti, Institutional Area, B-15, Sector - 62, Noida-201309, Uttar Pradesh.
4. The Director, DAV, New Delhi, DAV Hqrs.
5. All the District Secretaries, District Association of Dammam, Riyadh, Muscat, Jamiat Youth Club and Sea Scout/Guide Auxiliary Unit with a request to take necessary action.

MEDICAL CERTIFICATE

Name: _____

Address: _____

Date of Birth: _____ Single / Married: _____

1. Present / Past illness: _____
2. Injuries / Operation Undergone and Present Condition: _____
3. Any known Allergy to drugs/foodstuff: _____
4. Blood Group: _____
5. Is the applicant is suffering from
 - (i) An Infection disease (Yes / No)
 - (ii) Skin (Yes / No)
 - (iii) Mental disease (Yes / No)
 - (iv) Heart trouble/Asthma (Yes / No)
 - (v) Any other disease / defect (Yes / No)

I, on this date _____ have examined Mr. / Miss _____ and found him / her medically fit / unfit to undergo a **National Level Adult Leader Trekking programme on fit India Initiative**, to be held at Trikutta Bhawan, Katra, J & K from 17th to 21st Nov.2023.

Date: _____

MEDICAL OFFICER
REGD. NO. & DESIGNATION

COUNTER SIGNED BY
DISTRICT COMMISSIONER (S/G) with Seal.